

# LGSSAA Volleyball Playing Regulations

Girls and Boys

A/AA

Junior/Senior

Revised September 2023

## **Junior/Senior Girls' and Boys' A/AA LGSSAA Volleyball Playing Regulations**

1. **Date:** The LGSSAA boys' volleyball league play shall be held in the fall sports season. The girls' volleyball league play shall be held in the winter sports season. The LGSSAA championship shall be held in the week prior to EOSSAA (always ensuring that LGSSAA champions will be able to meet the date entry requirements).
2. **Classifications:** The divisions are based on school enrolment numbers only and should coincide with the school classifications as determined by OFSAA and EOSSAA.  
"A" 1-500  
"AA" 501-950  
"AAA" 951+
3. **Age Divisions:**
  - (a) Junior – has not yet reached 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held
  - (b) Senior – has not yet reached 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held
4. **League Structure and Procedure:**
  - (a) The teams in LGSSAA shall represent the following schools:
    - Académie Catholique Notre-Dame
    - Académie Catholique Ange-Gabriel
    - Athens District High School
    - Brockville Collegiate Institute
    - Fulford Academy
    - Gananoque Secondary School
    - North Grenville District High School
    - Rideau District High School
    - St. Mary Catholic High School
    - St. Michael Catholic High School
    - South Grenville District High School
    - Thousand Islands Secondary School
  - (b) The volleyball convenors shall:
    - i) Determine the structure of league tournament play.
    - ii) Determine the schedule for league tournament play (including interlocking play with teams from other classifications and attempt to limit long travel for perimeter schools).
    - iii) Schedule the order of play for each tournament based on the following formula:

### **THREE-TEAM MATCH ORDER (3 sets to 25 with a 27-point cap)**

First Match: Home vs. Closest Visitor  
Second Match: 2<sup>nd</sup> Closest vs Closest Visitor  
Third Match: Home vs 2<sup>nd</sup> closest

#### **FOUR-TEAM MATCH ORDER (2 sets to 25 with a 27-point cap)**

First Match: Home vs. Closest Visitor  
Second Match: 2<sup>nd</sup> Closest vs 3<sup>rd</sup> Closest  
Third Match: Home vs 3<sup>rd</sup> Closest  
Fourth Match: Closest vs. 2<sup>nd</sup> Closest  
Fifth Match: Closest vs. 3<sup>rd</sup> Closest  
Sixth Match: Home vs. 2<sup>nd</sup> Closest

- iv)** Arrange for referees for each league tournament and championship.
  - v)** Check eligibility of each team's players.
  - vi)** Prepare updated league standings to be made available at each weekly tournament if possible.
  - vii)** Determine the starting times for tournaments. (No earlier than 12:00pm)
  - viii)** Determine the date of the LGSSAA championship and order of play.
  - ix)** Host the annual Sports Advisory Committee (SAC) meeting.
  - x)** Submit a written report at the annual LGSSAA meeting in June.
  - xi)** Enter schools in EOSSAA championship
    - intentions: two weeks prior
    - Provide information so that coaches of teams representing LGSSAA at EOSSAA championships can provide the EOSSAA convenor a player roster three days prior with seeding information
- (c)** Each hosting school shall:
- i)** arrange for minor officials (lines persons and scorers)
  - ii)** provide game balls (preferably designated official OFSAA ball)
  - iii)** ensure that proper equipment and dressing room facilities are available
  - iv)** set up nets according to the LGSSAA Girls' and Boys' Volleyball Playing Regulations
  - v)** forward scores and results from their tournament to the convenor no later than the day after the tournament
- (d)** LGSSAA Championships:
- i)** A championship shall be hosted in each classification by the school with the highest finishing senior team, including all interlocking games, to promote development at the junior level.
  - ii)** Quarter- and Semi-Final matches will be held in advance of Championship night, that will be scheduled for a different night.
  - iii)** The convenor of championship night shall be the convenor of the league or its designate (most likely the coach of the hosting school).
  - iv)** All semi-final matches shall be the best 2 out of 3 sets. Junior finals shall be the best 2 out of 3 sets and Senior finals shall be the best 3 out of 5.
  - v)** There will be a point-cap of 27 in quarter-final matches, no cap in semi-final and final matches.
  - v)** The convenor of the championship night shall ensure the presentation of trophies and medallions with ribbons to the champions.
  - vi)** The host school should be responsible for setting up facilities for the championship night and provide minor officials unless otherwise arranged.
  - vii)** The convenor will assume that Athletic Directors book required gyms in their schools.

- viii) Expenses- The convenor shall establish a gate fee for spectators. The game receipts are to be used to cover expenses based on the following order of priority:
  - Referees
  - Medallions

(e) EOSSAA Representatives:

- i) The LGSSAA champions in each classification and age category shall be the LGSSAA representative to the EOSSAA championship tournaments.
- ii) In the event LGSSAA is asked to provide an additional entry to the EOSSAA championship tournament it shall be the other finalist at the LGSSAA championship night.

**5. Eligibility:**

To represent a school in LGSSAA Girls'/Boys' Volleyball, a student must:

- i) Be eligible for competition under the LGSSAA Constitution, By-Laws and Playing Regulations.
- ii) Be certified as eligible by the Principal of the school.
- iii) Meet the following age requirement:
  - a. The individual's birth certificate indicates that they have not yet reached 15<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held
  - b. The individual's birth certificate indicates that they have not yet reached 19<sup>th</sup> birthday by January 1<sup>st</sup> prior to the start of the school year in which the competition is held
- iv) Be in Grades 9-12.
- v) Be eligible under the OFSAA Transfer Policy.
- vi) Be eligible for no more than five (5) consecutive years from date of entry into Grade 9.
- vii) Have participated as a member of a bona fide high school program in the current season and must have attended the majority of practices and games, playing in at least one regular season game to be eligible for championships.
- viii) A Junior player is allowed to play 1 match or 3 sets at the Senior level before he/she is no longer eligible for Junior competition.

**\*\*\*All Coaches should be aware of the current OFSAA transfer rule.\*\*\***

**6. Rules and Officials:**

- i) The rules of Volleyball Canada (VC) [https://volleyball.ca/uploads/Development/Referee/Rules/Rulebook\\_Files/Current\\_Year/2022-23\\_VC\\_Rulebook\\_-\\_En\\_Final.pdf](https://volleyball.ca/uploads/Development/Referee/Rules/Rulebook_Files/Current_Year/2022-23_VC_Rulebook_-_En_Final.pdf) and the OFSAA sports advisory committee rulings <https://ofsaa-wp.s3.amazonaws.com/wp-content/uploads/2023/08/Volleyball-2023.pdf> shall govern play at all LGSSAA competitions.
- ii) The convenor is responsible for providing official badged OVA referees.
- iii) The host school shall provide properly trained scorers and lines persons.
- iv) If two or more teams are tied at the end of regular league play:
  - a. The games between the tied teams will be considered and the winner ranked higher.
  - b. In the event of a tie after the above, the team having the best ratio for and against in the entire league season will be ranked higher.

**A – LIBERO PLAYER**

- i) Each Team has the right to designate up to two (2) specialist defensive players: Liberos
- ii) All Liberos must be recorded on the scoresheet with the team roster.
- iii) The number of the Libero or Liberos is to be recorded on the lineup sheets for all sets.

- iv) iv. Coach may re-designate Liberos each set. v. Only one Libero may be on the court at any time. vi. The Libero CAN be either team captain or game captain at the same time as performing as a Libero.

## **B – 12 SUBSTITUTION RULE**

For OFSAA competition teams are allowed a maximum of 12 substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that is the only player that they may leave or re-enter that set for. For example, player A for player B - player C may not enter into this rotation.

### **7. Facilities and Equipment:**

- i) Two regulation courts are required for each LGSSAA tournament.
- ii) Net height:
  - Junior girls – 2.15m
  - Senior girls – 2.24m
  - Junior boys – 2.34m
  - Senior boys – 2.43m
- iii) Antennae shall be provided on each court.
- iv) Game balls shall be provided by the host school, preferably OFSAA official balls.

### **8. Billing:**

- i) Regular Season – all regular season costs will be combined and divided evenly by all participating teams
- ii) Championships – teams will only pay for matches played, with officials' mileage evenly divided

### **9. Amendments:**

These playing regulations may be amended/revised at the volleyball SAC meeting and approved at the annual LGSSAA General Meeting by a majority vote of member schools present.

Proposed amendments shall be presented in writing, circulated by the SAC to all member schools and to the executive twenty-one days before the annual meeting.

Approved amendments are effective immediately.