

LGSSAA Soccer Playing Regulations
Boys & Girls >A=, >AA=, >AAA= (Junior and Senior)
Updated 2009

I. Season

- A. The playing season for boys and girls soccer runs from mid April to the end of May. Both the girls and the boys season will require a post-season playoff to determine the LGSSAA championship and the EOSSAA berth for all levels (A, AA, and AAA). The finals must be played at least three (3) business days prior to the EOSSAA championships in order to notify the EOSSAA convenor of our registration.
- B. The regular season schedule will generally follow a single round-robin format in both Junior and Senior. Some schools only maintain one team so schedules have to accommodate those single-header games.
- C. The post-season will consist of, when possible, single game elimination between the top four (4) teams: 4th @ 1st; 3rd @ 2nd. The final game will be played against the semi-final winners.

II. Eligibility

- A. To represent a school a player must...
 - 1. Be eligible as certified by his or her principal.
 - 2. Meet the following criteria:
 - a. Meet the OFSAA Age Classifications for the school year in which he/she is participating.
 - b. Be in grades 9-12
 - c. Be eligible for a maximum of five (5) years of competition from the date of entry into grade 9.
 - 3. Meet EOSSAA transfer policy requirements.
 - 4. A Junior player may play in only one (1) Senior game and maintain his or her eligibility as a Junior. Upon the second appearance with a Senior side, the player in question is instantly and permanently promoted to the Senior level.

III. Rules

- A. FIFA's Laws of the Game shall govern the conduct of play with the following exceptions:
1. Length of Play: Senior games will have two (2) halves each lasting forty-five (45) minutes with a five (5) minute rest period plus any extra time the referee allots. Junior games will have two (2) halves each lasting forty (40) minutes with a five (5) minute rest period plus any extra time the referee allots.
 2. Substitutions:
 - a. unlimited substitution;
 - b. may occur at goal kicks, goals scored, at half time and on your own throw in possession (if a team initiates a substitution on their throw in, the opposing team may also complete a substitution);
 - c. in the case of injury, substitution is permissible at the referee's discretion;
 - d. substitution for a **yellow-carded** player is **compulsory**. The yellow-carded player is the only player who may be replaced at that time and he/she may re-enter the game at a regular substitution period after 5 min;
 - e. if a player receives a **red card** he/she must leave the field for the remainder of that game (no substitution allowed) and required to serve a one game suspension. All red card situations will be reviewed by the Jury of Appeal to determine if further sanctions will be levied. Two red cards in a season will result in the player's status for the remainder of the season being reviewed by the Jury of Appeal.
 - f. a player who accumulates three (3) yellow cards will receive a one game suspension to be served in the his/her team's next scheduled game.
 3. Coaches must conduct themselves in a calm, sporting manner. No matter how outrageous they consider a call, they must communicate to their players by attitude, word, and deed an acceptance of the decision in question and recognition of the officials authority. Complaints, accusations, and the like, should be directed to the convenor.

IV. Officials

- A. The host team is responsible for providing and paying for a responsible, competent, and certified official.
- B. Each team is to provide one (1) line judge to provide minor assistance to the official. This person should not be a member of the team.
- C. The convenor, or a neutral coach if the convenor is involved, must approve the officials for the semi-final and final matches.

V. Uniforms and Equipment

- A. All players are expected to dress in uniforms that are neat, clean and which maintain the integrity of LGSSAA. A uniform should consist of a matching jersey, shin guards and footwear.
- B. Should a team member=s uniform become soiled with blood or other body fluid, the uniform must be removed. A substitute uniform may consist of another team member=s uniform or an appropriate alternative.
- C. The home team should have a second set of team jerseys or pinnies on hand, in case the visiting team=s jersey is too similar.
- D. All players **must** wear shin guards. Any competitor who does not have shin guards will not be permitted to play.
- E. All jewelery, including studs, should be removed.
- F. Any player with a playing cast must provide a doctor=s note indicating it is safe for him/her to play.
- G. Any knee braces or casts must be approved by the official prior to the match. Buckles, metal plates, and screws must be covered.
- H. Players can wear running shoes or soccer cleats (a player shall not wear anything that is dangerous to other players). Football and baseball cleats are not permitted.
- I. Each home team shall provide adequate lining of the field, secure nets in good repair, corner flags, and an acceptable game ball. If not provided to the standards of the official, the home team will forfeit the match with the visiting team receiving a 2-0 win.

VI. Start Time

- A. Start times are subject to the discretion of the convenor for the purposes of scheduling. It is the responsibility of the home coach to notify the visiting coach of any changes to time and order of play at least a full business day before the game.
- B. It is recommended that the visiting team arrive in uniform ready to play a full fifteen (15) minutes before the first game=s kick-off time.

VII. Results, Standings and Playoff Determination

- A. Game sheets:
 - 1. The Official OFSAA Soccer Game Sheet shall be used to record match results;
 - 2. The game sheet is the responsibility of the home coach to ensure it is completed in full (with both rosters listed and all signatures) prior to its submission to the convenor immediately following the conclusion of the match.
 - 3. To facilitate the completion of the game sheet, the visiting coach **must** submit a roster to the home coach 1 business day prior to the match.
- B. Points for regular season games will be three (3) points for a win, one (1) point for a draw, and zero (0) for a loss.
- C. Ties in the final regular season standings will be resolved by (in order):
 - 1. Games between the teams involved;
 - 2. Most wins in league play;
 - 3. Goal differential;
 - 4. Goals against;
 - 5. Tied teams= results against every other team in the league, working from best to worst;
 - 6. Coin toss or dice roll.

VIII. Playoffs, Tie-breaking, Entry to EOSSAA

- A. A tied playoff game will be followed by two (2) ten-minute periods of extra time. The first team to score during the extra time will immediately declared the victor, *AGolden Goal*®. If the teams remain tied following both periods of extra time, the official will initiate a standard FIFA penalty shoot-out until a clear victor is determined. The keeper in goal at the end of extra time must remain in goal for the penalty shoot-out (except in the case of injury). Only players on the field at the end of extra time are eligible to shoot. No player may take a second shot until all players on that team have taken a shot each. If players have been sent off, the team with more remaining players may exclude a number equal to the difference from their rotation. The winners will be declared LGSSAA champions.
- B. The playoff winner advances to EOSSAA. If a second EOSSAA berth is available to LGSSAA, the winner of the regular season will be awarded that berth. If the league-winning school declared itself ineligible for EOSSAA, the second place school will be granted the berth.
- C. Each league convenor must advise the EOSSAA convenor if the league will or will not send a representative to the EOSSAA Championship no later than two (2) weeks prior to the EOSSAA Championship date.
- D. Associations declaring intent to participate in a championship are responsible and shall continue to be responsible for their share of the championship (i.e. entry fee) regardless as to whether or not they participate.