

LGSSAA

Boys' Hockey Playing Regulations

(Updated 2017)

League Leadership:

Selection of Convenor:

Each spring, one league member will be chosen for the position of convenor for the following hockey season. If more than one member volunteers for the position, a vote will take place with one vote per school counting. A tie will be broken by the LGSSAA president.

Duties of the Convenor:

The convenor's duties include collecting and checking eligibility sheets, collecting and reporting game results, settling all league disputes (through application of the regulations where possible,) notifying all parties listed in the regulations of game misconducts, summarizing the season and reporting at the LGSSAA AGM and acting as a communication officer for all LGSSAA, EOSSAA and OFSAA directives. Any problems deemed unsolvable by the convenor should be submitted to the LGSSAA Executive.

Note: League members in disagreement with the convenor's actions may appeal to the LGSSAA Executive.

League Structure:

All LGSSAA schools will be invited to participate in Boys' Hockey. For the regular season, each team will play all other league teams in a home and away format, regardless of OFSAA's school classification categories. If there are more than six teams participating in the league, a single game format will be adopted. At the conclusion of the regular season, a separate playoff will be organized for each OFSAA school classification.

Deadline for League Participation:

Any LGSSAA school has until the first LGSSAA Athletic Coordinator's meeting of the school year to declare whether a team will be entered into the upcoming season. After this deadline passes a convenor may exclude a school from competing for the season.

Regular Season Scheduling:

Each year the previous season's convenor will prepare a draft schedule in the spring to be submitted to the LGSSAA Athletic Coordinator's for approval. The schedule should conclude in time for EOSSAA competition. As a guideline the season should begin by the first week of December. All ice limitations should be submitted to the convenor by the fall of the upcoming season. The convenor will take note this information as well as which school's plan to enter league play when making the final schedule. The convenor will then

release the final schedule. Any changes to the final schedule after its release must be agreed by both school's involved and are subject to convenor approval.

Ban On Body Checking in LGSSAA & Implications for EOSSAA & OFSSA Championships:

For the purposes of all LGSSAA league and playoff games, body checking will be penalized. It is acknowledged that both EOSSAA and OFSSA Championships still permit body checking. Before the start of the hockey season, each team will declare whether they would be willing to advance beyond LGSSAA and participate in the EOSSAA and OFSSA Championships given that these games will include body contact.

Game Cancellations/Forfeitures

Games will be rescheduled at an agreed upon date and time by ~~both~~ all teams involved if unforeseen circumstances detected in advance of the game will not allow a team or both teams to complete a scheduled game. Examples of such problems include ice issues, lack of referees and transportation emergencies.

In a case where no prior notification has been given, traveling teams will be should be given a 20-minute window of opportunity beyond the scheduled start time to arrive for a game. If a team is simply negligent, causing a game cancellation with no reasonable explanation, the convenor will contact the LGSSAA President, who may award a forfeit in this case.

Forfeit Scoring

For the purposes of seeding teams at the conclusion of the regular season, a forfeit win, for whatever reason, will be officially recorded as a 1-0 victory.

Tie-Breaking Procedure

If two teams are tied during the regular season, the winner will be decided by the following:

- a) Head-to-head record
- b) Lowest goals against (including all regular season games)
- c) Highest differential of goals for/against (including all regular season games) with a limit of five goals for.
- d) In first head-to-head league game, the team that scores first
- e) Coin toss

If three teams are tied during the regular season, the winner will be decided by the following:

- a) Head-to-head record
- b) Ranking of teams by lowest goals against (including all regular season games) and the team with the lowest is the first of three. The other teams will then refer to the two team tie-breaking procedure. If the top two teams are tied with lowest goals against refer to the two team tie-breaking procedure with the bottom team being third.

Playoff Format:

The top four A/AA teams make the playoffs. Semi-finals will consist of the first seed vs. the fourth seed and the second seed vs. the third seed, with winners advancing to the finals.

Note: The location of the semi-finals and finals will be determined by regular season standings. In the first round the first seed will host the fourth seed and the second seed will host the third seed. League finals will be hosted by highest remaining seed.

Rules of the Sport:**Rules and Officials:****Officials:**

Regular season tournament games will be officiated using the two person system. The LGSSAA suggested rate for each referee is \$35.00 per game.

Goalies:

1. Must wear properly fitted CSA approved helmet with full face mask
2. Must wear throat protector (guard)
3. Recommended that they wear plastic throat bib attached to the mask. The plastic throat bib does not replace the throat protector (guard)
4. Strongly recommended that goalies wear a mouth guard

Other Skaters:

1. Must wear properly fitted CSA approved helmet with full face mask
2. Must wear throat protector (guard)
3. Strongly recommended that all other skaters wear a mouth guard

LGSSAA high school hockey will follow the Hockey Canada rules and the OHF Minimum Suspension List (Appendix A) with the following exceptions:

- a) An athlete who receives a fighting major or match penalty or gross misconduct in LGSSAA games will be suspended for the remainder of the current league and playoffs plus the following year. The suspension is subject to appeal.
- b) A minor penalty or, at the discretion of the Referee, a major penalty and a game misconduct shall be assessed any player who, in the opinion of the referee, intentionally body checks, bumps, shoves or pushes any opposing player. If a player is injured, a major penalty and a game misconduct must be assessed.
- c) When the offensive player is skating towards the defensive player, the defending player may not hit the offensive player by going in the opposite direction to that player. The body

contact must be as a result of the movement of the offensive player. There must be no action where the offensive player is pushed, checked or shoved into the boards. Where, in the opinion of the Referee, accidental contact has taken place, no penalty shall be assessed.

Note:

In the case of a player(s) being ejected for a major penalty the convenor must contact the following people: LGSSAA President, LGSSAA Secretary/Treasurer, LGSSAA PVPA Rep, Athletic Coordinators and Principals of both schools involved.

Game Sheet:

Game sheets are supplied by the home team. Game sheets must be fully filled in and faxed to the convenor immediately after the game takes place. The home team is responsible for this duty. The visiting team should also be given a copy of the game sheet. Scores and standings should be submitted to the LGSSAA webmaster by the convenor.

Regular Season Format (Tourney):

Regular season tournament games will be curfewed at 50 minutes with a 2 minute warm-up, first two periods will be 10 minutes stop time, and the final will be 12 minutes stop time. A 5 goal differential at any point will mean running time for the duration of that game.

Playoff Format (Single Game):

Semi-final and final playoff games should be booked for 1.5 hours with the first two periods being 15 minutes stop time, and the third period being 18 minutes stop time (5 goal differential will again result in running time for the remainder of the game). Playoff games are not curfewed. Tied games in playoffs will be decided in the following fashion: 4 on 4 sudden death for 5 minutes (running time), followed by 5 minutes of 3 on 3 sudden death (running time) followed by a shoot-out (each team starts with 3 shooters alternating between teams with home team choosing to go first or second. Each team must declare a goalie at the start of the shoot-out. If still tied after three shooters, it moves to the one for one system with no players repeating until all players besides goalies having shot.

Time-outs:

Time outs are not allowed during LGSSAA regular season league games. During a playoff game, each team is entitled to use one (1) time-out of thirty seconds.

Uniforms:

All equipment must be CSA approved.

Ange-Gabriele -

Athens –

Brockville Collegiate - Black

Gananoque - White/Navy

North Grenville - Red, White and Black

Rideau - Green

St. Marys - Royal Blue

South Grenville – Yellow

St. Michaels – Gold (Vegas)

Thousand Islands - Purple

Any new team joining the league must choose a colour that is different from the uniforms of teams already in the league or be prepared to have a second set of sweaters available for when they play one of these teams.

Player Eligibility:

No competitor is eligible for the LGSSAA Boys' Hockey League whose name has appeared on a game sheet, and has dressed, after his association/school board first regular season game or December 1, whichever comes first, for a team in "A", "B", "C", "D", Major Junior, Junior, Intermediate, Senior or GMHL divisions in any National and/or International Association, or any league deemed equivalent to "A", "B", "C", or "D". One exception to this rule: a Junior "C" or "D" team is allowed to AP a high school goalie to be called up in an emergency situation and appear on a game sheet and/or play up to a maximum of two exhibition/league and /or playoff games in total during the season after the Association's first regular season game.

Eligibility Sheets:

To list a player on an eligibility sheet it is the duty of the coach to ensure that the player is eligible by all LGSSAA eligibility rules listed in the LGSSAA constitution (e.g. transfer rules, age limits, academic eligibility, etc.) Each team must submit a completed copy eligibility sheet before the start of the regular season. Any league games played before the submission of the eligibility sheet will be forfeited. If a team wishes to add a player a new eligibility sheet must be submitted to the convenor before that player is allowed to participate in a league game. Failure to do this will result in an ineligible player if a player plays in a game without being on the eligibility sheet and a forfeit awarded.